



## Find food relief near you

Dignity's Food Relief program assists people in need within the community to ease the financial burden of putting food on the table.

We have partnered with a number of community-based organisations around Australia to provide easy access to meals for vulnerable members of the community free of charge.

### New South Wales

#### WESTERN SYDNEY

Location	Opening Hours	Phone
PCYC Blacktown 30 Second Ave, Blacktown 2148	Mon-Fri 12pm-8pm Sat 9-2pm	(02) 9622 3470
Link Wentworth Penrith 1002/29-57 Station St, Penrith 2570	Mon-Fri 8.30am-4.30pm	13 14 21
Roundabout Youth Centre 104 Carlingford St, Sefton 2162	Mon-Fri 9am-5pm	(02) 9644 9436

#### SOUTH WESTERN SYDNEY

Location	Opening Hours	Phone
Focus Connect 3 Chamberlain St, Campbelltown 2560	<i>Please call first</i>	(02) 4627 1188
Liverpool Neighbourhood Connections 11 Gallop St, Warwick Farm 2170	Mon-Fri 9am-4pm	(02) 9600 0600
PCYC Liverpool 100 Cartwright Ave, Miller 2168	Mon-Fri 9am-8pm	(02) 8103 5399
SWMACC 4 Surrey St, Minto 2566	<i>Please call first</i>	(02) 9603 2500

*Please turn over...*



## NORTHERN SUBURBS

Location	Opening Hours	Phone
Dom's Place 9 Leonard St, Hornsby 2077	Mon-Fri 9am-5pm	1800 324 924
Link Wentworth West Ryde Lvl 2, 3-5 Anthony Rd, West Ryde 2114	Mon-Fri 9am-5pm	(02) 4726 5500

## ILLAWARRA / SHOALHAVEN

Location	Opening Hours	Phone
PCYC Lake Illawarra 156 Reddall Pde, Lake Illawarra 2528	Mon-Fri 10am-8pm	(02) 4296 4448
Salt Care 5/19 Birriley St Bomaderry 2541	Mon-Fri 9am-4.30pm	(02) 4480 5028

## MID NORTH COAST

Location	Opening Hours	Phone
PCYC Port Macquarie 12 Owen St, Port Macquarie 2444	Mon-Fri 3pm-10pm Sat-Sun 8am-6pm	(02) 5542 2447

## SOUTHERN HIGHLANDS

Location	Opening Hours	Phone
PCYC Southern Highlands 6 Hawkins Dr, Mittagong 2575	Mon-Fri 10am-8pm	(02) 4868 5200

*Please turn over...*



## Australian Capital Territory

Location	Opening Hours	Phone
PCYC Canberra 5 Richmond Ave, Canberra Airport 2609	Mon-Fri 9am-5pm	(02) 6296 7822
Communities at Work 47 Ernest Cavanagh St, Gungahlin 2912	Mon-Fri 9am-4.30pm (closed 11.30am-12.30pm)	(02) 6293 6500

## Victoria

Location	Opening Hours	Phone
Anglicare 7 Carmichael St, Tootgarook 3941	Mon-Fri 9am-3pm	(03) 5985 2864
CISC (Community Information and Support) 156 Sladen St, Cranbourne 3977	Mon-Fri 9.30am-4pm	(03) 5996 3333

## Queensland

Location	Opening Hours	Phone
inCommunity Connect 59 Limestone St, Ipswich 4305	Mon-Wed & Fri 9am-5pm Thu 9am-3pm	(07) 3812 1199

*Please turn over...*



## South Australia

Location	Opening Hours	Phone
Murray Bridge Community Centre 18 Beatty Terrace, Murray Bridge 5253	Mon-Fri 9am-4pm	(08) 8531 1799

## Western Australia

Location	Opening Hours	Phone
WestAus Crisis & Welfare Services Lottery House Suite 3, 7 Anzac Place, Mandurah 6210	Mon-Fri 9am-4pm	(08) 9582 9920